

Touchpoint Coaching

Louise Morganti Kaelin, Life Success Coach

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WELCOME!



PERSONAL COACH
LOUISE KAELIN

[Listen to Louise](#)
on Barbara Reynolds' radio show "Answers to Life's Questions"

"Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved."

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William Jennings Bryan

## Fall Opportunity for Individuals Ready to Get off the Treadmill and on to the Escalator!!

This time of year (whether you're in the fall or spring) is distinguished by a resurgence of energy and motivation. It's time to take those dusty goals off the shelf, reassess where you are and start taking action towards them. This is a perfect time to talk things over with a coach, someone who can help you get clarity on what you really want, develop an action plan and identify and remove all the obstacles that prevent you from actually achieving your goals.

To make this a no-brainer for you, I'm announcing a Fall Special on my coaching services. On November 1st, I am raising my coaching fees to \$65 an hour, with savings at 3 sessions (\$180) and 2 sessions (\$125) when committed to and paid in advance. But, for everyone that starts coaching with me before November 1st, the fee will be \$50 per session and will remain at that level for 4 months. So, email me at [louise@touchpointcoaching.com](mailto:louise@touchpointcoaching.com) and we'll start taking advantage of that new-found energy!

## How would it feel to make a decision to change some aspect of your life and then actually make that change?

### Do any of these sound like you?



I really want to change something in my life, but something always gets in the way.



I start all gung-ho and motivated, but I lose steam pretty soon into the process.



I know it would be a big step for me to make this change, but no matter how much I try, it just doesn't happen.



I've started hiding any attempts at change so I won't be embarrassed in front of my friends when I fail yet again.



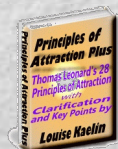
I'm frustrated and discouraged and wonder why I keep trying to change things that I know will never change.

## What if you could change anything you want to change and maintain that change forever?

### Products

Download Immediately

Summer Prices Listed 20% Off



Principles of Attraction PLUS \$15.95



Ready, Set, Relax \$5.50

[Combo Pack](#)

## NEWSLETTER SIGNUP

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**FREE TEST DRIVE**

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[FREE ebook](#) when you sign up for [The 3-Minute Coach](#)

## RECENT POSTS

### [Touchpoints to Wholeness](#)

Tips, Tools & Resources to Assist You in Being Your Best Self!

- [3 Ways to Relax \(#35\)](#)  
1. Meditate on extremophiles to refresh ...
- [Simple Living: Chapter 18 Summary](#)  
From The Complete Idiot's Guide to...
- [Thoughts on Balance](#)  
"Fortunate, indeed, is the man who..."
- [3 Ways to Relax \(#34\)](#)  
1. Enlarge the company you keep by seei...
- [Donna Smallin?s Unclutter Your Home \(#3\)](#)  
The Cost of

PACK

\$17.95  
(33% off!)

Graduate,  
**CoachU**

Founding  
Member,  
**Coachville**

Member,  
**ICF**

Founding  
Member,  
**24-7  
Coaching**

Member,  
**Cambridge  
Who's Who**

PLATINUM  
Ezine  
**@Articles**  
EXPERT



**Louise has been a tremendous help to me and I warmly recommend her compassionate, loving and brave coaching to anyone who feels a bit stuck and wants to get going.**

"Louise was my coach for 8 months in 2009 and in that period of time I didn't just heal the relationship with my parents but also moved to a new city, my favorite place on earth, met a wonderful man who I now live with and totally transformed my thoughts about myself. I feel like a much calmer, more grounded and happier woman and I also know that all is well whatever it looks like on the material outside and that there is a meaning with everything that happens."

**Sophia Sivertsdotter, Coach**  
[www.authentic-avenue.com](http://www.authentic-avenue.com)

Clutter The  
physical cost...

## What if all of these were true?



I make any change I want easily and effortlessly.



I keep working on my goal until I've actually achieved it.



If something seems to be getting in the way, I find the right way to deal with it once and for all.



I'm excited to share my progress with my friends and really enjoy their support along the way.



I feel connected to my power and passion and love moving forward in my journey to become my best self and live my best life.

**I knew what I wanted from life. Or I thought I did. Louise helped me see a bigger picture. As I accomplish more break-through, I am seeing more potential in myself. Planning and working towards my goals makes me feel proud of my accomplishments. I feel like I'm on the right track.**

"Coaching with Louise has been wonderful and way more than I expected. All my life I've had a problem with being unorganized and untidy. Louise helped me pinpoint why I had this problem, and **helped me spring into action and overcome this obstacle.** Things may still get disorganised, but it is not such a burden anymore. I can whip through the house and in no time I'm in control again. **Before things would go from bad to worse and I would be totally overwhelmed, frustrated and stressed out.**





I could never have done this by myself. I am so looking forward to working with Louise in the months ahead. At this rate, I am going to "grow" exponentially. **It blows my mind to think we have covered so much ground in a matter of three weeks. Unbelievable. "**

**Belinda Meyer, Stress Relief Therapist**











## The solution is simple!



Get crystal clear about what you

- really want
-  Start taking action on that goal.
-  Identify what's "really" stopping you.
-  Bust through that block once and for all!
-  Enjoy the confidence and joy of living your best life.

## This is where I come in! I stand in your corner and

-  Guide you to get crystal clear about what you really need and want
-  Assist you in setting meaningful goals
-  Help you identify the blocks to achieving your goals
-  Assist you in overcoming those blocks
-  Work with you to create realistic action plans
-  Help you achieve tangible, measurable results
-  Encourage, nudge, and challenge you to act
-  Build a rock solid foundation that will serve you the rest of your life
-  Really "get" you and support you unconditionally
-  Believe in you completely

## Success begins with Action! Take your first two steps right now!

### Step One

Sign up for the weekly ezine "3 Minute Coach" filled with tools, ideas, strategies and action plans to ***assist you in creating the life you truly want.*** Each issue you'll find valuable information to help you turn YOUR dreams into reality!

Subscribe now to have your personal copy delivered to your mailbox! When you do, ***you'll also receive the value-packed ebook [Blueprint for Success: 101 Tips to Reclaim Your Energy and Get the Results You Want absolutely FREE!](#)*** Start living your best life RIGHT NOW. Find out more about the ebook by clicking the link in the gray box on the right side of the page.

First Name:

Last Name:

Email:

State or Country:

## Step Two

Read about the benefits of a test drive. **There is NOTHING like trying it out for yourself!** In addition, you'll be surprised by the value you get from just one call. [Tell me how the test drive works.](#)

Once you feel comfortable with the process, you can set up a complimentary session with me by choosing the method that works best for you:

1. **Fill out the form** on the [test drive page](#) .
2. **Call me** at [484-660-3143](tel:484-660-3143).
3. **Send me an email** either by using the form on the [contact page](#) or by clicking the link right below this box.

[louise@touchpointcoaching.com](mailto:louise@touchpointcoaching.com)

For a number of years I have received your newsletters and can honestly say everyone of them has been a useful tool for my career and life journey. Through personal and career transitions **I have always found your articles helpful and insightful to support me and ensure I made the best of the travails and opportunities.**

Although I never had a coaching session I want you to know you made a huge difference for me and I am grateful for your work and wish you well. I am not sure what brought you into this type of endeavor but you do it well and positively affected the lives of many. **My personal reduction in personal angst and insecurity using your elements can never be measured** and I highly recommend them to everyone who comes your way. Your Blueprint for Success is a must read and study for everyone I know.

Our program is ending so I am being laid off and will be taking retirement but will be taking with me a giant tool box of capabilities to share with others and keep myself on a straight path to a fulfilled life. **So many times when counseling my employees your articles and wisdom were used to try to get them in a better place within themselves and return to being productive and motivated employees. "**

**Lynda Johnston**

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## What can you do on my site?

Quite a bit! I hope you'll spend some time navigating this site and that you'll find lots of information and resources to help you in your self development journey. You can definitely find out more about the process of **coaching** and what it's like to have a **personal coach** such as [the benefits](#), common [reasons](#) people hire a coach, or the many [resources](#) available to you once you are a client. There's also some [general information](#) about the process of coaching and a data sheet about [how I personally coach](#). There are also directions for how to get the [most out](#) of your coaching and what to [talk about](#) on each call.

Want to know more **about me**? There's a brief [biography](#) and you can read my [personal](#) and [business](#) mission statements. Both of

these documents are very personal and I believe give a real sense of who I am and why I do coaching for a living. On a business note, you can read about my [service offerings](#) and my [policies and procedures](#). I also hope you'll read the generous [testimonials](#) my clients have made about my coaching. Once you're ready for something more "hands on", go to the [Test Drive](#) page to find out how you can experience coaching for yourself through a free, no-obligation complimentary session. Either as part of the test drive or on it's own, take the [Coaching Challenge](#). See if you're ready, willing and able to take advantage of the benefits of a life success coach and you could win one free month's worth of coaching.

Are you on a journey of [personal discovery and exploration](#)? There are many resources available here that are totally free of charge. For example, my [free newsletter, The 3-Minute Coach](#) is chock full of tools, tips and strategies to help you on your path to wholeness. You can receive the newsletter every two weeks by subscribing [here](#). In addition, you can read all previous issues in my [archives](#) and check out the different sections included.

In each issue of the [newsletter](#), there is always a "Food for Thought", a "Keep it Simple", a "Feature Article, written by me" and "Related Quotes". In addition, the 'current' regular section is "Principles of Attraction". Each issue I take one of Thomas Leonard's 28 Principles of Attraction from his book the Portable Coach ([Visit Amazon.Com](#)) and present it with clarification and key points. From time to time, I also include "The Welcome Mat", a guest article and "This 'n That", whatever takes my fancy that month. There are over 100 [countries](#) represented in my subscriber list and I constantly receive positive [feedback](#) that lets me know you will find my newsletter uplifting and useful.

If you sign up for my newsletter, you'll receive a [free copy of the ebook I've written](#). Blueprint for Success: 101 Tips to Reclaim Your Energy and Get the Results You Want" can help you identify what's stopping you from achieving success and get you moving in the right direction. These are the same tips I provide my clients and you can get a taste of what it's like to have a personal coach by reading -- and putting into action -- the tips provided here. You can read an [excerpt](#) or check out a few of the tips and read feedback [here](#).

But wait, there's more! You can't leave without checking out the [other resources](#) available here. To start with, there are all the [articles](#) I've written for my newsletter. There are quite a few gems in both the "Keep It Simple" and the "Feature Articles" listed. Every now and again, I'll include an [assessment or other personal development tool](#) in my newsletter. A number of those are available to you through [autoresponders](#). You just send a blank email and the information or tool, usually in PDF format, will come right back to you (assuming you have set up your email program to accept attachments).

One of the areas of the site that I'm particularly proud of is the [tips and tools](#) section. On this [page](#), I've included links to sites I've found helpful on many areas that often come up for my personal coaching clients, such as creativity, money matters or values clarification. I've also included a [summary](#) of the [Principles of Attraction](#) with clarification and key points from my newsletters.

Some [other useful resources](#) in your journey of self growth and discovery are some of my favorite [Quotes](#), a number of wonderful [Book Recommendations](#) and [Classic Words of Wisdom](#). I really love Ben Franklin's [13 Virtues](#) and Audrey Hepburn's [Beauty Tips](#).

Over the years, I've made many contacts on the web and you'll see those relationships demonstrated by the [diverse nature of the links](#) pages. This also reflects the 'whole person' dimension of being a life success coach. When you coach the whole person, all areas of a person's life are up for discussion and change. That's why you'll find some great resources on all my links pages. Whether you're interested in [Tools](#) or [Services](#) for Home or Business or in [Body, Mind & Spirit](#), there's something here for you. Looking for a community of women or good advice for cleaning up the clutter?



Check out the listings on [Focus](#) on Women, Relationships & the Environment. Maybe you're in the market for a [new job](#) or ideas on how to [relax](#) so that you can create balance in your life. You can also check out my brother's site if you're interested in saving money on women's and men's health products by visiting [consumersdiscountrx.com/damorinc](http://consumersdiscountrx.com/damorinc).

Of course, there are many references to sites that will assist you in your quest for continued growth ([Personal Development](#), [Motivation & Inspiration](#), [Life Long Learning](#)). And because your relationship with your personal coach is so important, it's vital that you connect to the right coach to begin with, someone you feel totally comfortable and at ease with. To that end, you should check out as many coaches as you can, taking advantage of the complimentary session to find the relationship that resonates best. Start with the coaches listed on my [Coaches](#) page.

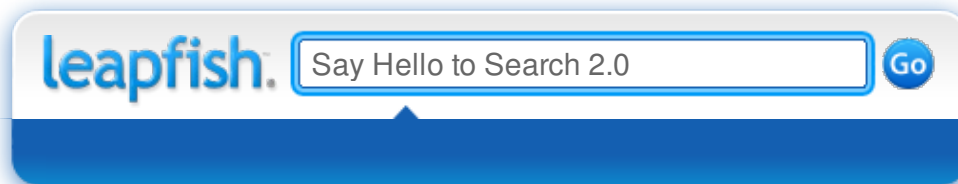
So, please [enjoy your time here!](#) You can always get the full picture on the [Site Map](#). If you have any thoughts or suggestions for additional tools, resources, words of wisdom or anything at all, you can [contact me](#) either by sending an email to [louise@touchpointcoaching.com](mailto:louise@touchpointcoaching.com) or by visiting my [Contact page](#).

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